Day Six
We honor Brigid today as the Summoner of Spring.

Your daily spark of inspiration:

May you accept the offering of my Sacred Fire.
May your heart and hands burn with creative passion.
May you give birth to poetry, music, dance, and art.
May your head burn with the fire of seership, marking you as shaman or bard.
May your hands be healing hands, glowing with inner light.
May you allow yourself to be transformed in the flames of my forge.
May you drink a long swallow of clear water from a sacred well.
May you notice the unopened bud encased in ice,
the purple crocus peeking up through the snow.
May you gaze with gratitude at the sight of swans
feasting in late winter fields.
May you tie a prayer cloth to a holy thorn on Bride’s Eve.
May you rejoice in longer days, knowing that the fire of the sun
emerges from its winter slumber.
I am Brigid, Radiant Flame of Gold, Summoner of Spring.
And I am kindling a flame in your heart.

— Joanna Powell Colbert

**Your journal prompt:**

Write a response to Brigid, accepting the offering of Her Sacred Fire.

**Your photo or art prompt:**

Take a photo or make art on the theme of: *Spring.*
Day Twenty

*We honor Brigid today as the Lady of Sacred Water.*

Your daily spark of inspiration:

**Bathing in Brigid’s Well**

This ritual bath invokes the spirit of Brigid’s healing wells in the comfort of your own bathtub... Run a very warm bath and light some candles nearby so their light ripples on the water. Pour some lustral water into the bath and drop in one of your potion bags.* Get in the bathtub and rest in the quiet warmth...

When you feel relaxed and open to receive all the gifts of your healing bath, bless yourself with the following charm. With each “wavelet,” cup water in your hands and pour it over your head and body.
Visualize Brigid’s loving hands performing this blessing.

A wavelet for thy form,
A wavelet for thy voice,
A wavelet for thy health,
A wavelet for thy luck,
A wavelet for thy good,
A wavelet for thy vision,
A wavelet for thy strength,
A wavelet for thy pluck,
A wavelet for thy faith:
Nine waves for thy grace.

Stay in the bath as long as it feels good, then dry yourself off and go straight to bed to complete the healing with a good long sleep.

— Excerpted and abridged from Tending Brigid’s Flame: Awaken to the Celtic Goddess of the Hearth, Temple, and Forge by Lunaea Weatherstone.

* (You will have to read Lunaea’s book to find out more about the lustral water and the potion!)

**Your journal prompt:**

Write about an experience of immersing yourself in sacred water.

**Your photo or art prompt:**

Take a photo or make art on the theme of: Healing water.
Day Twenty-Nine

We honor Brigid today as the Teller of Tales.

Your daily spark of inspiration:

Instructions for living a life:
Pay attention.
Be astonished.
Tell about it.

— Mary Oliver

Your journal prompt:

Write about some small thing that astonished you today.

Your photo or art prompt:

Take a photo or make art on the theme of: Paying attention.